

# PROTECT YOUR BENEFITS

## BEWARE OF SKIMS AND SCAMS



- Keep your PIN and card number a secret
- Cover your hand when typing in your PIN
- Try to change your PIN the day before your benefits become available each and every month



- Do not click on any links from text messages or emails regarding your EBT card
- Watch out for suspicious websites



- Protect your benefits. Keep track of your balances daily. There are three ways to check your EBT balance:



- Online: [www.ebt.ca.gov/cardholder](http://www.ebt.ca.gov/cardholder) or [www.benefitscal.com](http://www.benefitscal.com)
- Call: 1-877-328-9677 Available 24/7
- Check your receipt after each purchase

**FOR MORE  
INFORMATION  
ON SKIMMING  
AND  
SCAMMING,  
SCAN THE  
QR CODE.**



**HAVE YOUR BENEFITS BEEN STOLEN?**  
If you believe your food or cash benefits have been stolen, please call the California EBT Customer Service Helpline at 1-877-328-9677 OR your county office right away.

